

Important Acknowledgements and Acceptance of the Rules & Regulations at the WLYA Courses:

Before applying to any of our Yoga Teacher Training programs please read with attention all the information published in this document. Please carefully read and be aware of the following Rules & Regulations:

- The applicants should NOT join the program only interested in acquiring a Yoga certification;
- The applicants should be aware that the main objective of the course is to provide opportunity for development of self-knowledge and Yogic expertise through the following of a good routine and self-discipline, besides the understanding of Yoga philosophy & techniques;
- Yoga Education is not a conventional type of education or learning. Introversion, self-awareness and meditative practices are encouraged throughout the course;
- Our Yoga programs have no religious approach. However the applicants should be aware that Yoga is a heritage of Indian culture & Vedic tradition. It is integral part of the course, the study of Indian scriptures of religious-philosophical nature (like the Bhagavad Gita, etc) along with the chanting of Vedic mantras and the study and memorization of Sanskrit vocabulary;
- Trainees are requested to maintain a Yogic atmosphere of sincerity and positivity;
- Meat of any kind, sea food, egg, tobacco, dairy, illicit drugs, alcoholic drinks, coffee and black tea are under no circumstances allowed during the course;
- Attending all classes is compulsory. Trainees should follow the time-table and complete the assignments with the necessary discipline and dedication;
- Participants with overt emotional and mentally anxious condition or with indulgent and uninhibited behaviour may be asked to discontinue the course at any time;
- The Academy reserves the right, to return or not, in part or otherwise the course fees. Please refer to our Payment & Refund Policy before joining the course;
- Revealing, transparent, extremely short clothes are not allowed in the premises or the class. Please dress appropriately and respectfully in the public areas and in the classes.
- These are essential acknowledgements to participate in any of our Yoga programs.